

End of Year

OVERVIEW

3 PEOPLE I'M MOST GRATEFUL FOR

3 WORDS THAT DESCRIBE MY YEAR

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MY TOUGHEST CHALLENGE

I SPENT TOO MUCH TIME ON

POSITIVE ACHIEVEMENTS

I SPENT TOO MUCH MONEY ON

I'M GRATEFUL FOR.....

End of year summary & what I've learned:

By Lindsay Ann

New Year

INTENTIONS

3 WORDS THAT DESCRIBE HOW I WANT MY YEAR TO BE

- _____
- _____
- _____

SOMETHING I WANT TO DO / ACHIEVE

HEALTH FOCUS & GOALS

HOW I FEEL ABOUT THE YEAR AHEAD

I WANT TO LEARN TO

I WANT TO SPEND MORE TIME DOING.....

CAREER / FOCUS GOALS

My year ahead goals and targets:

By Lindsay Ann